

HVL Track & Field Championships - 5/12/2012

Triton High School

Results

Event 1 Girls 4x800 Meter Relay

Meet Record: 9:45.26 @ 2010

Kasson-Mantorville

H Mikkalson, A Bratrud, A Manitz, L Ramer

Track Record: 9:38.18 * 2010

| Team | Relay | Finals |
|------------------------|------------------------|------------|
| Finals | | |
| 1 Rochester Lourdes | A | 9:48.27 12 |
| 1) Adamson, Mallory | 2) Strickland, Shannon | |
| 3) Bedoya, Camila | 4) Rolfs, Meredith | |
| 2 La Crescent | A | 9:52.06 10 |
| 1) Ladsten, Tessa | 2) Dunlap, Molly | |
| 3) Onstad, Loralee | 4) Gibson, Taylor | |
| 3 Lake City | A | 10:17.65 8 |
| 1) Balow, Maggie | 2) White, Brandy | |
| 3) Kjos, Alicia | 4) Dammann, Morgan | |
| 4 Winona Cotter | A | 10:23.51 6 |
| 1) Arnold, Cora | 2) Costello, Mary Rose | |
| 3) Kersting, Karen | 4) Gernes, Paige | |
| 5 Byron | A | 10:25.03 5 |
| 1) Gehrt, Sydney | 2) Long, Kara | |
| 3) Long, Melissa | 4) Houston, Rebecca | |
| 6 KM KoMets | A | 10:28.35 4 |
| 1) Unga, Jessica | 2) Theobald, Nicole | |
| 3) Griffin, Brianna | 4) Glowa, Amanda | |
| 7 Pine Island T & F | A | 10:37.17 3 |
| 1) Angst, Adeline | 2) Gushulak, Abby | |
| 3) Rasmussen, Taylor | 4) Torgeson, Laura | |
| 8 Stewartville | A | 10:40.29 2 |
| 1) Larsen, Marie | 2) Hermans, Rosie | |
| 3) Lofgren, Chrissy | 4) Thornton, Jeanette | |
| 9 Cannon Falls Bombers | A | 10:43.58 1 |
| 1) Hoffman, Katherine | 2) Edwards, Amber | |
| 3) Bowen, Caroline | 4) Pranke, Melissa | |
| 10 KW Knights | A | 11:23.05 |
| 1) Bohn, Katie | 2) Karl, Emily | |
| 3) Strand, Katie | 4) Brinkhaus, MARRISA | |
| 11 Hayfield Vikings | A | 11:42.47 |
| 1) Johnson, Hannah | 2) Schmidt, Sydney | |
| 3) Ellis, Megan | 4) Conroy, Hannah | |

Event 2 Boys 4x800 Meter Relay

Meet Record: 8:14.20 @ 2006

Pine Island

Track Record: 8:07.33 * 2003

| Team | Relay | Finals |
|-----------------------|---------------------|------------|
| Finals | | |
| 1 Winona Cotter | A | 8:15.88 12 |
| 1) Johnson, Jake | 2) Taiveaho, Emilio | |
| 3) Schrupp, Matt | 4) Rico, Erick | |
| 2 Byron boys track | A | 8:28.41 10 |
| 1) Ronnenberg, Austan | 2) Bieber, Jake | |
| 3) Hartzler, Henry | 4) Nepstad, Shane | |
| 3 Pine Island | A | 8:35.37 8 |
| 1) Kohner, Paul | 2) Haze, Brad | |
| 3) Acker, Mitchel | 4) Rutten, Isaiah | |

| | | |
|-------------------------|-----------------------|-----------|
| 4 La Crescent | A | 8:40.22 6 |
| 1) Howe, Ryan | 2) Kilander, Quad | |
| 3) Franta, Brandon | 4) Marnach, Daniel | |
| 5 Zumbrota-Mazeppa | A | 8:44.78 5 |
| 1) Warneke, Nathan | 2) Bormann, Freddie | |
| 3) Drettwan, James | 4) Rauen, Nathaniel | |
| 6 Rochester Lourdes | A | 9:03.41 4 |
| 1) Brandt, Ryan | 2) Cierzan, Ian | |
| 3) Streit, Dakota | 4) Besch, Kyle | |
| 7 Stewartville | A | 9:14.52 3 |
| 1) Brady, Steven | 2) Wilson, Josh | |
| 3) Dux, Kenny | 4) Scruggs, Lucas | |
| 8 KM KoMets | A | 9:16.14 2 |
| 1) Murry, Nick | 2) Wagener, Ross | |
| 3) Colvin, Ben | 4) Ostroot, Mark | |
| 9 Lake City | A | 9:28.84 1 |
| 1) Tynjala, Nick | 2) Ziebell, Nick | |
| 3) Kaartinen, Risdon | 4) O'Flaherty, Austin | |
| 10 KW Knights | A | 9:30.01 |
| 1) Nystuen, Ben | 2) Kleese, Ben | |
| 3) Stevenson, Mason | 4) Hokanson, Eric | |
| 11 Hayfield Vikings | A | 9:38.58 |
| 1) Stadler, Cameryn | 2) Matti, Nick | |
| 3) Oakland, Tyler | 4) Kuehn, David | |
| 12 Cannon Falls Bombers | A | 9:54.95 |
| 1) Erlanson, Jordan | 2) Grosland, Cole | |
| 3) Steihl, Zach | 4) Ritzman, Karl | |

Event 3 Girls 100 Meter Hurdles

Meet Record: 15.54 @ 1991

(hh+) Martha Harris (Byron)

Track Record: 15.35 * 2005

Alex Andrews

| Name | School | Finals |
|-------------------------|------------------|----------|
| Finals | | |
| 1 Ehlke, Autumn | KM KoMets | 16.54 12 |
| 2 Von Berge, Kelsey | Byron | 16.77 10 |
| 3 Hale, Josie | STEW | 16.82 8 |
| 4 Quam, Mara | KW Knights | 17.02 6 |
| 5 Patel, Angela | Rochester Lourde | 17.22 5 |
| 6 Sexton, Brooke | TRI | 17.24 4 |
| 7 Jones, Paisley | KM KoMets | 17.54 3 |
| 8 Mehling, Becca | Rochester Lourde | 17.57 2 |
| 9 Becker, Kaylee | Lake City | 17.72 1 |
| 10 Lorentz, Arianna | KM KoMets | 17.89 |
| 11 Schultz, Katie | Panthers | 18.17 |
| 12 Parlin, Beth | Cotter | 18.65 |
| 13 Bodenhofer, Shaina | Lake City | 18.67 |
| 14 Petersen, Beth | Lake City | 18.75 |
| 15 Blazing, Madison | Byron | 18.76 |
| 16 Denny, Michelle | Byron | 19.03 |
| 17 Schlechtinger, Kayla | STEW | 19.37 |
| 18 Fokken, Nicole | Panthers | 19.39 |
| 19 Frederick, Danielle | La Crescent | 19.45 |
| 20 Fields, Tia | CFHS | 19.81 |
| 21 Amos, Nicole | STEW | 19.86 |
| 22 Benrud, Sarah | KW Knights | 20.10 |
| 23 Cordle, Savanna | Hayfield Vikings | 20.22 |

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Finals ... (Event 3 Girls 100 Meter Hurdles)

| Name | School | Finals |
|--------------------|------------------|--------|
| 24 Tempel, Caitlyn | Hayfield Vikings | 20.51 |
| 25 Qualle, Jackie | CFHS | 21.61 |
| 26 Nelson, Anna | CFHS | 21.78 |
| 27 Dwyer, Delaney | La Crescent | 23.24 |
| 28 Owen, Madi | Panthers | 24.82 |
| --- Waller, Katie | La Crescent | DQ |

Event 4 Boys 110 Meter Hurdles

| | | |
|----------------------|---------------------|--|
| Meet Record: | 15.34 @ 1996 | (hh+) Adam DeCook (Byron) |
| Meet Record: | 15.34 @ 1981 | (hh+) Brad Todd (Plainview) |
| Meet Record: | 15.34 @ 1994 | (hh+) Parc Williams (Zumbrota-Ma) |
| Track Record: | 14.81 * 2003 | Michael Kasten |

| Name | School | Finals |
|----------------------|------------------|----------|
| Finals | | |
| 1 Fuchs, Cole | Byron boys track | 15.37 12 |
| 2 Blaisdell, Jack | TRI | 16.31 10 |
| 3 Greseth, Caleb | KW Knights | 16.76 8 |
| 4 Brown, Ricky | Byron boys track | 16.79 6 |
| 5 Rutter, Will | CFHS | 17.24 5 |
| 6 Heiden, Matt | La Crescent | 17.39 4 |
| 7 Remine, Ed | KM KoMets | 17.42 3 |
| 8 Ludwig, Niles | La Crescent | 17.57 2 |
| 9 Drees, Zac | STEW | 17.61 1 |
| 10 Toft, Caleb | Pine Island | 18.21 |
| 11 Hebl, Zach | Rochester Lourde | 18.41 |
| 12 Haze, Brad | Pine Island | 18.57 |
| 13 Downes, Dillon | Z-M | 18.62 |
| 14 Bugarin, Hector | TRI | 18.64 |
| 15 Laning, Nick | Byron boys track | 19.01 |
| 16 Winkels, Andrew | Rochester Lourde | 19.06 |
| 17 Lee, Justin | Cotter | 19.26 |
| 18 Murray, Joseph | Rochester Lourde | 19.37 |
| 19 Kundert, Wyatt | KM KoMets | 19.44 |
| 20 Weber, Cody | KM KoMets | 19.67 |
| 21 Lynch, Nick | STEW | 19.87 |
| 22 Sessions, Reas | CFHS | 20.02 |
| 23 Mollenhauer, Shea | Z-M | 20.36 |
| 24 Dockter, Zach | CFHS | 20.83 |
| 25 Dahlen, Paul | Z-M | 21.61 |
| 26 Kroll, Christian | Pine Island | 21.86 |
| 27 Venzke, Joel | STEW | 23.11 |

Event 5 Girls 100 Meter Dash

| | | |
|----------------------|---------------------|------------------------------------|
| Meet Record: | 12.64 @ 1991 | (hh+) Karla Stromme (Byron) |
| Track Record: | 12.83 * 2001 | Mallory Schad |

| Name | School | Finals |
|---------------------|-----------|-----------|
| Finals | | |
| 1 Krier, Jillian | Byron | 12.78* 12 |
| 2 Savage, Morgan | Byron | 13.26 10 |
| 3 Nerenhausen, Abby | TRI | 13.41 8 |
| 4 Owen, Colleen | ZM | 13.54 6 |
| 5 Vaith, Haley | Lake City | 13.58 5 |
| 6 Ting, Shannon | Lake City | 13.60 4 |
| 7 Freese, Jessica | Byron | 13.68 3 |

| | | |
|-----------------------|------------------|---------|
| 8 Swanson, Mariya | Cotter | 13.78 2 |
| 9 Caraballo, Gracie | Rochester Lourde | 13.78 1 |
| 10 Helt, Stephanie | Rochester Lourde | 13.80 |
| 11 Peterson, Elise | KM KoMets | 13.85 |
| 12 Rutter, Grace | CFHS | 13.91 |
| 13 Groth, Megan | KW Knights | 13.92 |
| 14 Heydt, Madison | Hayfield Vikings | 13.95 |
| 15 Schultz, Katie | Panthers | 14.02 |
| 16 Erdmann, Katy | TRI | 14.10 |
| 17 Quam, Mara | KW Knights | 14.28 |
| 18 Brendel, Claire | Cotter | 14.30 |
| 19 Fratzke, Elizabeth | Cotter | 14.31 |
| 20 Beissel, Kelsie | CFHS | 14.36 |
| 21 Leth, Beighley | KM KoMets | 14.37 |
| 22 Meixell, Sam | KM KoMets | 14.45 |
| 23 Marx, Ana | Panthers | 14.45 |
| 24 Wallaker, Jessica | KW Knights | 14.46 |
| 25 Heitman, Taylor | Lake City | 14.49 |
| 26 Canan, Katherine | Rochester Lourde | 14.54 |
| 27 Klocke, Elizabeth | Hayfield Vikings | 14.71 |
| 28 Smith, Kristin | TRI | 14.72 |
| 29 Haggerty, Anna | Panthers | 14.78 |
| 30 VandeZande, Ariel | La Crescent | 14.79 |
| 31 Huinker, Jordanne | STEW | 14.84 |
| 32 Pesch, Carissa | Hayfield Vikings | 15.13 |
| 33 Ratajcek, Lacey | STEW | 15.17 |
| 34 Adams, Lexie | La Crescent | 15.30 |
| 35 Pape, Rachel | La Crescent | 15.34 |
| 36 Vrieze, Sam | STEW | 15.48 |
| 37 Downes, Brenna | ZM | 15.57 |
| 38 Sesker, Madison | CFHS | 16.10 |

Event 6 Boys 100 Meter Dash

| | | |
|----------------------|---------------------|--|
| Meet Record: | 11.24 @ 1995 | (hh+) Brad Prigge (Zumbrota-Maz) |
| Meet Record: | 11.24 @ 1979 | (hh+) Steve Woessner (Stewartville) |
| Track Record: | 10.58 * 1999 | Charlie Lenn |

| Name | School | Finals |
|---------------------|------------------|----------|
| Finals | | |
| 1 Johnson, Blake | KW Knights | 11.28 12 |
| 2 Smith, Rodney | STEW | 11.41 10 |
| 3 Akason, Trevor | Pine Island | 11.48 8 |
| 4 Ziemba, Lucas | Z-M | 11.50 6 |
| 5 Gilbertson, Caleb | Hayfield Vikings | 11.58 5 |
| 6 Wade, Adam | Rochester Lourde | 11.71 4 |
| 7 Williamson, Brian | Rochester Lourde | 11.73 3 |
| 8 Johnson, Damian | TRI | 11.85 2 |
| 9 Bennett, Conner | CFHS | 12.09 1 |
| 10 Paquin, Tyler | KW Knights | 12.16 |
| 11 Buchl, Jacob | KM KoMets | 12.17 |
| 12 Kim, Calvin | Rochester Lourde | 12.19 |
| 13 Hodgell, Elijah | Lake City | 12.21 |
| 14 Coe, Kam | Byron boys track | 12.40 |
| 15 Bahr, Nathan | Byron boys track | 12.42 |
| 16 Bauer, Austin | KW Knights | 12.44 |
| 17 Oliver, Brandyn | Lake City | 12.50 |
| 18 Kitzman, Nate | Byron boys track | 12.52 |

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Finals ... (Event 6 Boys 100 Meter Dash)

| Name | School | Finals |
|----------------------|------------------|--------|
| 19 Creeley, Tristan | Lake City | 12.62 |
| 20 Lovlein, Alec | Hayfield Vikings | 12.62 |
| 21 Woods, Omari | STEW | 12.65 |
| 22 Curtis, Shane | STEW | 12.67 |
| 23 Timmons, Nate | Hayfield Vikings | 12.73 |
| 24 Kostrewski, Jacob | CFHS | 12.77 |
| 25 Smith, Grant | KM KoMets | 12.84 |
| 26 Goesch, Tucker | La Crescent | 12.85 |
| 27 Mueller, Anthony | Cotter | 12.85 |
| 28 Holes, Zach | CFHS | 12.86 |
| 29 Herbst, Adam | KM KoMets | 12.89 |
| 30 Bye, Brad | Pine Island | 13.06 |
| 31 Gutzmer, Josh | Pine Island | 13.07 |
| 32 Scherger, Ben | TRI | 13.25 |
| 33 Askvig, Steve | Z-M | 13.40 |
| 34 McClurg, Garrett | La Crescent | 13.81 |
| 35 Lang, Casey | TRI | 13.84 |
| 36 Bianchi, Aaron | Z-M | 14.44 |
| 37 Waters, Xavier | Cotter | 14.78 |
| --- Arnold, Nick | Cotter | DQ |

Event 7 Girls 4x200 Meter Relay

Meet Record: 1:46.84 @ 1977 y (hh+) Plainview

Track Record: 1:47.38 * 2008

| Team | Relay | Finals |
|------------------------|-------------------------|------------|
| 1 KM KoMets | A | 1:48.80 12 |
| 1) Weber, Chelsea | 2) Koebele, Kelly | |
| 3) Buchl, Hannah | 4) Wiebke, Taylor | |
| 2 Pine Island T & F | A | 1:50.23 10 |
| 1) Marx, Ana | 2) Schartau, Caitlin | |
| 3) Owen, Madi | 4) Farrell, Jordyn | |
| 3 Lake City | A | 1:50.30 8 |
| 1) McElmury, Braeden | 2) Vaith, Haley | |
| 3) Cronin, Bailey | 4) Koller, Taylor | |
| 4 Rochester Lourdes | A | 1:51.07 6 |
| 1) Mehling, Becca | 2) Patel, Angela | |
| 3) Caraballo, Gracie | 4) Helt, Stephanie | |
| 5 Byron | A | 1:51.47 5 |
| 1) Fawcett, Camille | 2) Christofferson, Anne | |
| 3) Adams, Dani | 4) Von Berge, Kelsey | |
| 6 Triton | A | 1:51.77 4 |
| 1) Nerenhausen, Abby | 2) Johnson, Alexis | |
| 3) Yankowiak, Piper | 4) Rubin, McKenna | |
| 7 Cannon Falls Bombers | A | 1:54.04 3 |
| 1) Beissel, Kelsie | 2) Erlanson, Abbey | |
| 3) Rutter, Grace | 4) Hanson, Alli | |
| 8 Winona Cotter | A | 1:55.13 2 |
| 1) Brendel, Courtney | 2) Brendel, Claire | |
| 3) Charron, Julia | 4) Swanson, Mariya | |
| 9 La Crescent | A | 1:56.33 1 |
| 1) Onstad, Karlee | 2) Guillien, Bridget | |
| 3) Precht, Sage | 4) Howe, Rachel | |

| | | |
|----------------------|----------------------|---------|
| 10 KW Knights | A | 2:00.99 |
| 1) Groth, Erin | 2) Benrud, Sarah | |
| 3) Quam, Siri | 4) Hokanson, Kelsey | |
| 11 Stewartville | A | 2:03.55 |
| 1) Hale, Jessie | 2) Dodd, Jaquelyn | |
| 3) Dahle, Danika | 4) Huinker, Jordenne | |
| --- Zumbrota-Mazeppa | A | DQ |
| 1) Drackley, Emma | 2) Lindhart, Maddie | |
| 3) Yarbrough, Jackae | 4) Gunhus, Emma | |

Event 8 Boys 4x200 Meter Relay

Meet Record: 1:32.27 @ 2010 Cannon Falls

D Boeck, C Aiken, D Growette, P Hernke

Track Record: 1:30.96 * 2010

| Team | Relay | Finals |
|------------------------|-------------------------|-------------|
| 1 Rochester Lourdes | A | 1:31.82@ 12 |
| 1) Williamson, Brian | 2) Wade, Adam | |
| 3) Carstens, Kane | 4) Carstens, McKay | |
| 2 Zumbrota-Mazeppa | A | 1:35.12 10 |
| 1) Adams, Sean | 2) Quam, Tyler | |
| 3) Coady, Ben | 4) Ziemba, Lucas | |
| 3 Stewartville | A | 1:36.10 8 |
| 1) Stanger, Cody | 2) Robey, Jason | |
| 3) Howell, Jack | 4) Smith, Rodney | |
| 4 Byron boys track | A | 1:36.61 6 |
| 1) Hickey, Jordan | 2) Brown, Ricky | |
| 3) Fuchs, Drew | 4) Bahr, Nathan | |
| 5 KM KoMets | A | 1:36.87 5 |
| 1) Pletta, Ben | 2) Minette, Tanner | |
| 3) Remine, Sam | 4) Nielsen, Cole | |
| 6 La Crescent | A | 1:37.82 4 |
| 1) Heiden, Matt | 2) Mumbleau, Evan | |
| 3) Paul, Justin | 4) Weigel, Andy | |
| 7 Pine Island | A | 1:38.12 3 |
| 1) Farrell, Ben | 2) Frick, Chris | |
| 3) McGee, Austin | 4) Akason, Trevor | |
| 8 Lake City | A | 1:38.14 2 |
| 1) Kroll, Elijah | 2) Hanson, Cody | |
| 3) Oliver, Brandyn | 4) Schmidt, Alex | |
| 9 Cannon Falls Bombers | A | 1:39.68 1 |
| 1) DeGarmo, Ronny | 2) Rueger, Beau | |
| 3) Kostrewski, Jacob | 4) VanWatermuelen, Nick | |
| 10 Winona Cotter | A | 1:41.84 |
| 1) Forst, Caleb | 2) Brown, Marcell | |
| 3) Killen, Henry | 4) Duellman, Colin | |
| 11 Triton | A | 1:46.13 |
| 1) Marquardt, Cameron | 2) Knutson, Lucas | |
| 3) Dostal, Braedon | 4) Henderson, Ayrton | |
| --- KW Knights | A | DQ |
| 1) Patton, Jeremy | 2) Stevenson, Mason | |
| 3) Greseth, Caleb | 4) Keller, Kyle | |

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Results

Event 9 Girls 1600 Meter Run

Meet Record: 5:11.38 @ 2009 Kyle Blakeslee (Cannon Falls)
Track Record: 4:49.87 * 2003 Nicole Calabrese

| Name | School | Finals |
|-----------------------|------------------|-------------|
| Finals | | |
| 1 Trost, Emi | CFHS | 5:01.99@ 12 |
| 2 Shepardson, Katie | La Crescent | 5:21.16 10 |
| 3 Mikkalson, Hannah | KM KoMets | 5:37.09 8 |
| 4 Strickland, Shannon | Rochester Lourde | 5:42.01 6 |
| 5 Lofgren, Chrissy | STEW | 5:45.31 5 |
| 6 Theobald, Nicole | KM KoMets | 5:48.23 4 |
| 7 Dunlap, Molly | La Crescent | 5:50.02 3 |
| 8 Dearani, Grace | Rochester Lourde | 5:53.44 2 |
| 9 Houston, Rebecca | Byron | 5:55.74 1 |
| 10 Patterson, Maddie | KW Knights | 5:56.97 |
| 11 Goertzen, Becca | Lake City | 5:58.53 |
| 12 Husgen, Heather | STEW | 6:00.16 |
| 13 Balow, Carissa | Lake City | 6:10.58 |
| 14 Johnson, Hannah | Hayfield Vikings | 6:12.41 |
| 15 Ellis, Megan | Hayfield Vikings | 6:16.54 |
| 16 Karl, Emily | KW Knights | 6:17.14 |
| 17 Bohn, Katie | KW Knights | 6:18.05 |
| 18 Arnold, Mary | Cotter | 6:18.32 |
| 19 Derr, Kiley | STEW | 6:18.91 |
| 20 Allen, Aubrey | Cotter | 6:20.53 |
| 21 Paradise, Kaitlin | Byron | 6:22.01 |
| 22 Burroughs, Regina | Byron | 6:26.27 |
| 23 Petersen, Dedra | La Crescent | 6:32.54 |
| 24 Greenslade, Lisa | Panthers | 6:40.00 |
| 25 Wilson, Amanda | CFHS | 6:45.65 |
| 26 Smith, Emily | ZM | 6:51.56 |
| 27 Rauk, Summer | Panthers | 6:52.07 |
| 28 Lacy, Maggie | Rochester Lourde | 7:00.25 |
| 29 Lozenski, Rachel | Cotter | 7:03.72 |
| 30 Norte, Sabrina | Panthers | 7:38.12 |
| --- Mikkalson, Taylor | KM KoMets | DNF |
| --- Schueler, Laura | ZM | DNF |
| --- Bowen, Caroline | CFHS | DNF |
| --- Keller, Juli | Lake City | DNF |

Event 10 Boys 1600 Meter Run

Meet Record: 4:15.37 @ 2006 Mike Torchia (Rochester Lourdes)
Track Record: 4:15.37 * 2006 Mike Torchia

| Name | School | Finals |
|----------------------|------------------|------------|
| Finals | | |
| 1 Wiebke, Derek | KM KoMets | 4:36.71 12 |
| 2 Dammann, Carston | Lake City | 4:43.28 10 |
| 3 Torchia, Ian | Rochester Lourde | 4:43.45 8 |
| 4 Bieber, Jake | Byron boys track | 4:44.23 6 |
| 5 Fleischmann, Jon | Hayfield Vikings | 4:47.34 5 |
| 6 Schrupp, Matt | Cotter | 4:52.26 4 |
| 7 Streit, Dakota | Rochester Lourde | 4:52.41 3 |
| 8 Ondler, Alex | Byron boys track | 4:56.95 2 |
| 9 Kruger, Chad | Hayfield Vikings | 5:00.78 1 |
| 10 Duellman, Brandon | Cotter | 5:01.51 |

| | | |
|----------------------|------------------|---------|
| 11 Hokanson, Eric | KW Knights | 5:01.54 |
| 12 Kilander, Quad | La Crescent | 5:03.04 |
| 13 Drettwan, James | Z-M | 5:04.17 |
| 14 Tempel, Gabe | Hayfield Vikings | 5:04.30 |
| 15 Pathoulas, James | KM KoMets | 5:04.99 |
| 16 Morice, Will | Rochester Lourde | 5:05.76 |
| 17 Dux, Kenny | STEW | 5:06.23 |
| 18 Wernecke, Connor | La Crescent | 5:08.04 |
| 19 Rohr, Conner | CFHS | 5:08.97 |
| 20 O'Leary, Shane | Byron boys track | 5:11.05 |
| 21 Kozlowski, Carl | Lake City | 5:11.17 |
| 22 Lehman, Calvin | Lake City | 5:16.14 |
| 23 Torgeson, Joel | Pine Island | 5:21.08 |
| 24 Boudreau, Sam | La Crescent | 5:21.30 |
| 25 Schowalter, Caleb | STEW | 5:24.87 |
| 26 Ritzman, Karl | CFHS | 5:24.89 |
| 27 Murry, Nick | KM KoMets | 5:25.76 |
| 28 Weis, Kodey | Pine Island | 5:30.24 |
| 29 Palof, Tommy | Panthers | 5:31.66 |
| 30 Nelson, Luke | KW Knights | 5:38.85 |
| 31 Grosland, Cole | CFHS | 5:41.00 |
| 32 Tate, Peter | TRI | 5:48.71 |
| 33 Waters, Dimitri | Cotter | 6:15.75 |

Event 11 Girls 4x100 Meter Relay

Meet Record: 50.88 @ 2009 Triton
Meet Record: 50.94 @ 1989 (hh+) Byron
Track Record: 50.76 * 2003

| Team | Relay | Finals |
|------------------------|-------------------------|-----------|
| Finals | | |
| 1 Byron | A | 50.76* 12 |
| 1) Savage, Morgan | 2) Christofferson, Anne | |
| 3) Fawcett, Camille | 4) Krier, Jillian | |
| 2 Lake City | A | 51.58 10 |
| 1) White, Brandy | 2) Vaith, Haley | |
| 3) Ting, Shannon | 4) Koller, Taylor | |
| 3 Triton | A | 52.36 8 |
| 1) Nerenhausen, Abby | 2) Erdmann, Katy | |
| 3) Rubin, McKenna | 4) Sexton, Brooke | |
| 4 KM KoMets | A | 52.50 6 |
| 1) Buchl, Hannah | 2) Peterson, Elise | |
| 3) Koebele, Kelly | 4) Weber, Chelsea | |
| 5 Winona Cotter | A | 54.55 5 |
| 1) Brendel, Courtney | 2) Denzer, Katie | |
| 3) Charron, Julia | 4) Swanson, Mariya | |
| 6 Cannon Falls Bombers | A | 54.57 4 |
| 1) Beissel, Kelsie | 2) Hofstedt, Mada | |
| 3) Rutter, Grace | 4) Hanson, Alli | |
| 7 La Crescent | A | 55.03 3 |
| 1) Carpenter, Cheyanne | 2) Van Lin, Jaylene | |
| 3) Nelson, Rachael | 4) Hoppenworth, Lexi | |
| 8 Pine Island T & F | A | 55.45 2 |
| 1) Haggerty, Anna | 2) Marx, Ana | |
| 3) Dick, Kaitlin | 4) Schultz, Katie | |

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| Team | Relay | Finals | |
|----------------------|----------------------|---------|---|
| 9 Stewartville | A | 55.55 | 1 |
| 1) Hale, Josie | 2) Huinker, Jordenne | | |
| 3) Bussan, Steph | 4) Dahle, Danika | | |
| 10 KW Knights | A | 55.68 | |
| 1) Wallaker, Jessica | 2) Groth, Erin | | |
| 3) Groth, Megan | 4) Quam, Mara | | |
| 11 Rochester Lourdes | A | 55.83 | |
| 1) Bjork, Lisa | 2) Patel, Meghan | | |
| 3) Dison, Riley | 4) Canan, Katherine | | |
| 12 Hayfield Vikings | A | 58.18 | |
| 1) Klocke, Elizabeth | 2) Hetrick, Kayli | | |
| 3) Cordle, Savanna | 4) Waldner, Sophia | | |
| 13 Zumbrota-Mazeppa | A | 1:01.35 | |
| 1) Bode, Shania | 2) Gerken, Laura | | |
| 3) Thompson, Lindsey | 4) Miller, Debbie | | |

Event 12 Boys 4x100 Meter Relay

Meet Record: 43.74 @ 1984 (hh+) Austin Pacelli
Track Record: 43.64 * 2002

| Team | Relay | Finals | |
|------------------------|--------------------|--------|----|
| 1 KW Knights | A | 44.87 | 12 |
| 1) Patton, Jeremy | 2) Bauer, Austin | | |
| 3) Paquin, Tyler | 4) Johnson, Blake | | |
| 2 Byron boys track | A | 45.50 | 10 |
| 1) Hickey, Jordan | 2) Bahr, Nathan | | |
| 3) Fuchs, Drew | 4) Fuchs, Cole | | |
| 3 Rochester Lourdes | A | 45.80 | 8 |
| 1) Treder, Jordan | 2) Stewart, Andre | | |
| 3) Kim, Calvin | 4) Glynn, Alex | | |
| 4 Zumbrota-Mazeppa | A | 46.02 | 6 |
| 1) Adams, Sean | 2) Quam, Tyler | | |
| 3) Coady, Ben | 4) Ziemba, Lucas | | |
| 5 KM KoMets | A | 46.10 | 5 |
| 1) Herbst, Adam | 2) Thompson, Matt | | |
| 3) Pletta, Ben | 4) Buchl, Jacob | | |
| 6 Lake City | A | 46.52 | 4 |
| 1) Kroll, Elijah | 2) Hanson, Cody | | |
| 3) Oliver, Brandyn | 4) Schmidt, Alex | | |
| 7 Triton | A | 46.82 | 3 |
| 1) Johnson, Damian | 2) Blaisdell, Jack | | |
| 3) Henderson, Ayrton | 4) Bugarin, Hector | | |
| 8 Cannon Falls Bombers | A | 47.64 | 2 |
| 1) Bennett, Conner | 2) Bultena, Alex | | |
| 3) Rueger, Beau | 4) Holes, Zach | | |
| 9 Pine Island | A | 47.85 | 1 |
| 1) Jeanson, Brad | 2) Frick, Chris | | |
| 3) Farrell, Ben | 4) McGee, Austin | | |
| 10 La Crescent | A | 47.99 | |
| 1) Goesch, Tucker | 2) Paul, Justin | | |
| 3) Weigel, Andy | 4) Mumbleau, Evan | | |
| 11 Stewartville | A | 48.49 | |
| 1) Stanger, Cody | 2) Rupprecht, Josh | | |
| 3) Woods, Omari | 4) Curtis, Shane | | |

| | | | |
|----------------------|--------------------|-------|--|
| 12 Winona Cotter | A | 48.76 | |
| 1) Duellman, Colin | 2) Arnold, Nick | | |
| 3) Mueller, Anthony | 4) Thurow, Aaron | | |
| --- Hayfield Vikings | A | DQ | |
| 1) Lovlein, Alec | 2) O'Brien, Elijah | | |
| 3) Wangen, Isaac | 4) Timmons, Nate | | |

Event 13 Girls 400 Meter Dash

Meet Record: 59.40 @ 2001 Anna Moes (Rochester Lourdes)
Meet Record: 59.64 @ 1988 (hh+) Liz Leaf (Lake City)
Track Record: 58.67 * 2003 Anna Moes

| Name | School | Finals | |
|----------------------|------------------|---------|----|
| 1 Onstad, Loralee | La Crescent | 59.74 | 12 |
| 2 Adamson, Mallory | Rochester Lourde | 59.98 | 10 |
| 3 Cronin, Bailey | Lake City | 1:00.73 | 8 |
| 4 Schartau, Caitlin | Panthers | 1:02.11 | 6 |
| 5 Thomley, Emma | CFHS | 1:02.14 | 5 |
| 6 Hokanson, Kelsey | KW Knights | 1:02.36 | 4 |
| 7 McElmury, Braeden | Lake City | 1:03.86 | 3 |
| 8 Birgin, Bekah | KM KoMets | 1:04.33 | 2 |
| 9 Bussan, Steph | STEW | 1:04.51 | 1 |
| 10 Heydt, Madison | Hayfield Vikings | 1:04.70 | |
| 11 Mason, Sveta | CFHS | 1:04.94 | |
| 12 Hanson, Danielle | CFHS | 1:05.76 | |
| 13 Gilbertson, Sara | Hayfield Vikings | 1:05.96 | |
| 14 Arndt, Brittany | Panthers | 1:06.02 | |
| 15 Bernards, Sarah | KM KoMets | 1:06.18 | |
| 16 Gushulak, Abby | Panthers | 1:06.58 | |
| 17 Onstad, Karlee | La Crescent | 1:06.62 | |
| 18 Ford, Maddie | Byron | 1:07.16 | |
| 19 Walker, Sarah | Cotter | 1:07.31 | |
| 20 Mikel, Lauren | STEW | 1:07.56 | |
| 21 Dillon, Cori | Rochester Lourde | 1:08.01 | |
| 22 Keller, Gretchen | TRI | 1:08.04 | |
| 23 Pennington, Riley | Lake City | 1:08.92 | |
| 24 Long, Melissa | Byron | 1:09.34 | |
| 25 Wright, Karissa | TRI | 1:09.46 | |
| 26 Drackley, Emma | ZM | 1:09.62 | |
| 27 Whyte, Morgan | Cotter | 1:09.77 | |
| 28 Timm, Lauren | Byron | 1:10.09 | |
| 29 Meinking, Shannon | La Crescent | 1:10.18 | |
| 30 Waldner, Sophia | Hayfield Vikings | 1:10.29 | |
| 31 Smith, Kristin | TRI | 1:10.86 | |
| 32 Arnold, Alex | Cotter | 1:11.02 | |
| 33 Dodd, Jaquelyn | STEW | 1:13.71 | |
| 34 Owen, Colleen | ZM | 1:15.07 | |
| 35 Wallaker, Justine | KW Knights | 1:19.86 | |

Event 14 Boys 400 Meter Dash

Meet Record: 49.14 @ 1984 (hh+) Jim Grebin (Austin Pacelli)
Track Record: 49.38 * 2008 Caleb Rissman

| Name | School | Finals | |
|-------------------|------------------|--------|----|
| 1 Carstens, McKay | Rochester Lourde | 51.22 | 12 |
| 2 Hernke, Paul | CFHS | 51.33 | 10 |

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Finals ... (Event 14 Boys 400 Meter Dash)

| Name | School | Finals | |
|-----------------------|------------------|---------|---|
| 3 Remine, Sam | KM KoMets | 52.69 | 8 |
| 4 Gilbertson, Caleb | Hayfield Vikings | 52.74 | 6 |
| 5 Glynn, Alex | Rochester Lourde | 53.39 | 5 |
| 6 Coady, Ben | Z-M | 53.97 | 4 |
| 7 McNallan, Ryan | Pine Island | 55.27 | 3 |
| 8 Bovia, John | KM KoMets | 55.71 | 2 |
| 9 Killen, Henry | Cotter | 56.13 | 1 |
| 10 Bultena, Alex | CFHS | 56.21 | |
| 11 Hannan, Adam | Rochester Lourde | 56.29 | |
| 12 Keller, Kyle | KW Knights | 56.32 | |
| 13 Hartzler, Henry | Byron boys track | 56.36 | |
| 14 Knutson, Lucas | TRI | 56.39 | |
| 15 Schmidt, Alex | Lake City | 56.64 | |
| 16 Kitzwegen, Moritz | Pine Island | 56.73 | |
| 17 Ludwig, Niles | La Crescent | 57.38 | |
| 18 Kranz, Gage | Lake City | 57.39 | |
| 19 Brown, Marcell | Cotter | 57.94 | |
| 20 Siewert, Shane | Lake City | 58.23 | |
| 21 Mojedski, Jacob | Cotter | 58.56 | |
| 22 Ostreng, Jacob | Byron boys track | 59.08 | |
| 23 Fokken, Mitch | Pine Island | 59.30 | |
| 24 Lauridsen, Austin | CFHS | 59.34 | |
| 25 Woods, Omari | STEW | 59.71 | |
| 26 McCollough, Brian | Byron boys track | 59.83 | |
| 27 Fanton, Collin | STEW | 1:00.48 | |
| 28 Rehtzigel, Noah | KW Knights | 1:00.58 | |
| 29 Johnson, Gavin | TRI | 1:00.61 | |
| 30 Dahl, Jacob | Z-M | 1:01.54 | |
| 31 Janes, Tristan | Hayfield Vikings | 1:02.74 | |
| 32 Marquardt, Cameron | TRI | 1:04.36 | |
| 33 Bianchi, Aaron | Z-M | 1:05.10 | |
| 34 Clark, Christian | La Crescent | 1:07.66 | |
| 35 Dahle, Dalton | Hayfield Vikings | 1:09.11 | |
| 36 Guerrero, Roberto | La Crescent | 1:09.18 | |

Event 15 Girls 300 Meter Hurdles

Meet Record: 45.94 @ 1985 (hh+) Gretchen Otto (Rochester Lourde)

Track Record: 46.48 * 2006 Megan Rasmussen

| Name | School | Finals | |
|----------------------|------------------|--------|----|
| 1 Bierman, Brielle | La Crescent | 47.41 | 12 |
| 2 Warneke, Eliza | Panthers | 49.46 | 10 |
| 3 Ehlke, Autumn | KM KoMets | 50.26 | 8 |
| 4 Von Berge, Kelsey | Byron | 50.38 | 6 |
| 5 Yankowiak, Piper | TRI | 50.48 | 5 |
| 6 Patel, Angela | Rochester Lourde | 50.51 | 4 |
| 7 Becker, Kaylee | Lake City | 50.63 | 3 |
| 8 Owen, Madi | Panthers | 50.78 | 2 |
| 9 Reicher, Rachel | KM KoMets | 51.45 | 1 |
| 10 Green, Madi | Lake City | 51.57 | |
| 11 Kersting, Karen | Cotter | 51.65 | |
| 12 Bjork, Lisa | Rochester Lourde | 52.57 | |
| 13 Thompson, Jessica | KW Knights | 53.81 | |
| 14 Hogan, Brooke | CFHS | 53.89 | |

| | | |
|-------------------------|------------------|---------|
| 15 Blazing, Madison | Byron | 53.90 |
| 16 Torgeson, Laura | Panthers | 54.41 |
| 17 Schlechtinger, Kayla | STEW | 54.42 |
| 18 Ritzman, Silka | CFHS | 55.06 |
| 19 Bodenhofer, Shaina | Lake City | 55.40 |
| 20 Carpenter, Cheyanne | La Crescent | 56.50 |
| 21 Leth, Beighley | KM KoMets | 57.08 |
| 22 Hart, Madie | STEW | 57.25 |
| 23 Denny, Michelle | Byron | 57.88 |
| 24 Cordle, Savanna | Hayfield Vikings | 57.95 |
| 25 Benrud, Sarah | KW Knights | 58.23 |
| 26 Parlin, Beth | Cotter | 58.53 |
| 27 Qualle, Jackie | CFHS | 58.85 |
| 28 Tempel, Caitlyn | Hayfield Vikings | 59.10 |
| 29 Ades, Aubrie | KW Knights | 59.85 |
| 30 Amos, Nicole | STEW | 1:01.10 |
| 31 Cuhel, Cristina | La Crescent | 1:09.46 |

Event 16 Boys 300 Meter Hurdles

Meet Record: 39.34 @ 1996 (hh+) Will Gibson (Winona Cotter)

Track Record: 39.09 * 2003 Michael Kasten

| Name | School | Finals | |
|----------------------|------------------|--------|----|
| 1 Fuchs, Cole | Byron boys track | 41.10 | 12 |
| 2 McGee, Austin | Pine Island | 41.55 | 10 |
| 3 Sigrist, Nick | Byron boys track | 42.04 | 8 |
| 4 Blaisdell, Jack | TRI | 42.62 | 6 |
| 5 Remine, Ed | KM KoMets | 43.12 | 5 |
| 6 Drees, Zac | STEW | 43.45 | 4 |
| 7 Brown, Ricky | Byron boys track | 43.62 | 3 |
| 8 Hebl, Zach | Rochester Lourde | 43.97 | 2 |
| 9 Haze, Brad | Pine Island | 44.84 | 1 |
| 10 Stevenson, Mason | KW Knights | 45.24 | |
| 11 Kroll, Elijah | Lake City | 45.64 | |
| 12 Toft, Caleb | Pine Island | 45.74 | |
| 13 Greseth, Caleb | KW Knights | 45.87 | |
| 14 McCormick, Cal | La Crescent | 45.90 | |
| 15 Clark, Aaron | STEW | 46.99 | |
| 16 Downes, Dillon | Z-M | 47.11 | |
| 17 Fratzke, Andrew | Cotter | 47.56 | |
| 18 Lee, Justin | Cotter | 47.76 | |
| 19 Winkels, Andrew | Rochester Lourde | 47.85 | |
| 20 Randle, James | Rochester Lourde | 47.99 | |
| 21 Forst, Caleb | Cotter | 48.66 | |
| 22 Gross, Hunter | La Crescent | 48.89 | |
| 23 Rutter, Will | CFHS | 49.08 | |
| 24 Lynch, Nick | STEW | 50.33 | |
| 25 Weber, Cody | KM KoMets | 50.84 | |
| 26 Mollenhauer, Shea | Z-M | 50.89 | |
| 27 Kane, Anthony | CFHS | 51.73 | |
| 28 Sessions, Reas | CFHS | 52.03 | |
| 29 Dahlen, Paul | Z-M | 57.70 | |
| --- Bugarin, Hector | TRI | DQ | |

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Event 17 Girls 800 Meter Run

Meet Record: 2:18.30 @ 2010

Laurel Ramer (Kasson-Mantorville)

Track Record: 2:16.61 * 2010

Laurel Ramer

| Name | School | Finals | |
|------------------------|------------------|---------|----|
| Finals | | | |
| 1 Shepardson, Katie | La Crescent | 2:21.39 | 12 |
| 2 Gibson, Taylor | La Crescent | 2:24.44 | 10 |
| 3 Dammann, Morgan | Lake City | 2:25.18 | 8 |
| 4 Gehrt, Sydney | Byron | 2:25.73 | 6 |
| 5 Rolfs, Meredith | Rochester Lourde | 2:26.80 | 5 |
| 6 Ladsten, Tessa | La Crescent | 2:27.83 | 4 |
| 7 Gernes, Paige | Cotter | 2:29.11 | 3 |
| 8 Mikkalson, Hannah | KM KoMets | 2:33.90 | 2 |
| 9 Balow, Maggie | Lake City | 2:34.77 | 1 |
| 10 Hoffman, Katherine | CFHS | 2:35.79 | |
| 11 Pranke, Melissa | CFHS | 2:35.94 | |
| 12 Scruggs, Katie | STEW | 2:36.00 | |
| 13 Larsen, Marie | STEW | 2:37.19 | |
| 14 Kjos, Alicia | Lake City | 2:37.96 | |
| 15 Schmelling, Jade | KM KoMets | 2:39.24 | |
| 16 Dearani, Grace | Rochester Lourde | 2:43.15 | |
| 17 Strand, Katie | KW Knights | 2:45.77 | |
| 18 Costello, Mary Rose | Cotter | 2:46.97 | |
| 19 Husgen, Heather | STEW | 2:46.98 | |
| 20 Burroughs, Regina | Byron | 2:47.90 | |
| 21 Edwards, Cara | CFHS | 2:48.68 | |
| 22 Anderson, Alexis | Hayfield Vikings | 2:48.94 | |
| 23 Yoon, Heidi | Cotter | 2:49.45 | |
| 24 Loates, Lexi | Panthers | 2:52.90 | |
| 25 Schmidt, Sydney | Hayfield Vikings | 3:02.85 | |
| 26 Tebay, Madison | Hayfield Vikings | 3:06.27 | |
| 27 Smith, Emily | ZM | 3:08.90 | |
| 28 Rauk, Summer | Panthers | 3:10.26 | |
| 29 Houghlum, Erin | KW Knights | 3:11.45 | |
| 30 Lacy, Maggie | Rochester Lourde | 3:15.56 | |
| 31 Schueler, Laura | ZM | 3:36.28 | |
| --- Mikkalson, Taylor | KM KoMets | DNF | |
| --- Langworthy, Sophie | Panthers | DNF | |
| --- Brinkhaus, MARRISA | KW Knights | DNF | |

Event 18 Boys 800 Meter Run

Meet Record: 1:53.64 @ 1994

(hh+) Jason Owen (Stewartville)

Track Record: 1:53.99 * 2004

Chris Erichsen

| Name | School | Finals | |
|----------------------|------------------|---------|----|
| Finals | | | |
| 1 Wiebke, Derek | KM KoMets | 2:03.05 | 12 |
| 2 Kohner, Paul | Pine Island | 2:04.59 | 10 |
| 3 Rico, Erick | Cotter | 2:06.04 | 8 |
| 4 Johnson, Jake | Cotter | 2:07.41 | 6 |
| 5 Taiveaho, Emilio | Cotter | 2:08.61 | 5 |
| 6 Freiheit, Sam | Hayfield Vikings | 2:08.80 | 4 |
| 7 Ronnenberg, Austan | Byron boys track | 2:09.49 | 3 |
| 8 Acker, Mitchel | Pine Island | 2:11.18 | 2 |
| 9 Ostroot, Mark | KM KoMets | 2:11.33 | 1 |
| 10 Besch, Kyle | Rochester Lourde | 2:13.30 | |

| | | |
|------------------------|------------------|---------|
| 11 Brady, Steven | STEW | 2:13.50 |
| 12 Bormann, Freddie | Z-M | 2:14.95 |
| 13 Cierzan, Ian | Rochester Lourde | 2:15.42 |
| 14 Rauen, Nathaniel | Z-M | 2:16.28 |
| 15 Wilson, Josh | STEW | 2:16.34 |
| 16 Pathoulas, James | KM KoMets | 2:16.36 |
| 17 Marnach, Daniel | La Crescent | 2:16.55 |
| 18 Tynjala, Nick | Lake City | 2:17.17 |
| 19 Thompson, Ian | Byron boys track | 2:18.48 |
| 20 Panten, Jacob | La Crescent | 2:18.64 |
| 21 Kruger, Chad | Hayfield Vikings | 2:19.69 |
| 22 Rohr, Conner | CFHS | 2:19.74 |
| 23 Rademacher, Tyler | Rochester Lourde | 2:20.49 |
| 24 Stadler, Cameryn | Hayfield Vikings | 2:20.90 |
| 25 Erlanson, Jordan | CFHS | 2:21.05 |
| 26 Kroll, Christian | Pine Island | 2:21.84 |
| 27 Ziebell, Nick | Lake City | 2:23.05 |
| 28 McCormick, Jack | La Crescent | 2:23.73 |
| 29 Schowalter, Caleb | STEW | 2:25.55 |
| 30 Steihl, Zach | CFHS | 2:29.65 |
| 31 O'Leary, Shane | Byron boys track | 2:30.64 |
| 32 Tate, Peter | TRI | 2:31.69 |
| 33 Christiansen, Micah | Lake City | 2:33.72 |
| 34 Nelson, Luke | KW Knights | 2:34.32 |
| 35 Nelson, Isaac | KW Knights | 2:34.71 |

Event 19 Girls 200 Meter Dash

Meet Record: 25.74 @ 1979

(hh+) Laurie Hernke (Cannon Falls)

Track Record: 26.29 * 2003

Karlie Urbaniak

| Name | School | Finals | |
|-----------------------|------------------|--------|----|
| Finals | | | |
| 1 Krier, Jillian | Byron | 26.74 | 12 |
| 2 Wiebke, Taylor | KM KoMets | 27.21 | 10 |
| 3 Buchl, Hannah | KM KoMets | 27.71 | 8 |
| 4 Savage, Morgan | Byron | 27.81 | 6 |
| 5 Farrell, Jordyn | Panthers | 27.91 | 5 |
| 6 Owen, Colleen | ZM | 28.01 | 4 |
| 7 Cronin, Bailey | Lake City | 28.06 | 3 |
| 8 McElmury, Braeden | Lake City | 28.12 | 2 |
| 9 Caraballo, Gracie | Rochester Lourde | 28.31 | 1 |
| 10 Ting, Shannon | Lake City | 28.31 | |
| 11 Helt, Stephanie | Rochester Lourde | 28.58 | |
| 12 Fawcett, Camille | Byron | 28.63 | |
| 13 Hokanson, Kelsey | KW Knights | 28.64 | |
| 14 Groth, Megan | KW Knights | 28.94 | |
| 15 Heydt, Madison | Hayfield Vikings | 29.03 | |
| 16 Reicher, Rachel | KM KoMets | 29.08 | |
| 17 Gilbertson, Sara | Hayfield Vikings | 29.11 | |
| 18 Bussan, Steph | STEW | 29.38 | |
| 19 Brendel, Claire | Cotter | 29.83 | |
| 20 Dison, Riley | Rochester Lourde | 29.83 | |
| 21 Fratzke, Elizabeth | Cotter | 29.84 | |
| 22 Hanson, Alli | CFHS | 30.01 | |
| 23 Keller, Gretchen | TRI | 30.13 | |
| 24 Haggerty, Anna | Panthers | 30.61 | |
| 25 Dick, Kaitlin | Panthers | 30.81 | |

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Finals ... (Event 19 Girls 200 Meter Dash)

| Name | School | Finals |
|-------------------------|------------------|--------|
| 26 Wright, Karissa | TRI | 30.85 |
| 27 Klocke, Elizabeth | Hayfield Vikings | 31.01 |
| 28 Quam, Siri | KW Knights | 31.71 |
| 29 Ritzman, Silka | CFHS | 31.80 |
| 30 Boehm, Avery | La Crescent | 31.86 |
| 31 Bussan, Melanie | STEW | 32.33 |
| 32 Vrieze, Sam | STEW | 32.50 |
| 33 Charron, Kelsey | Cotter | 32.51 |
| 34 Buckingham, Alex | TRI | 32.63 |
| 35 Downes, Brenna | ZM | 33.52 |
| 36 Fitzpatrick, Shannon | La Crescent | 33.95 |
| --- Gerzsik, Cori | La Crescent | DNF |
| --- Erlanson, Abbey | CFHS | DNF |

Event 20 Boys 200 Meter Dash

Meet Record: 22.24 @ 1966 y (hh+) G. Caunauty (St. Charles)
 Track Record: 21.83 * 1999 Charlie Lenn

| Name | School | Finals |
|-----------------------|------------------|----------|
| Finals | | |
| 1 Johnson, Blake | KW Knights | 22.94 12 |
| 2 Smith, Rodney | STEW | 23.39 10 |
| 3 Carstens, Kane | Rochester Lourde | 23.43 8 |
| 4 Gilbertson, Caleb | Hayfield Vikings | 23.81 6 |
| 5 Wade, Adam | Rochester Lourde | 23.89 5 |
| 6 Hernke, Paul | CFHS | 23.91 4 |
| 7 Paquin, Tyler | KW Knights | 24.06 3 |
| 8 Johnson, Damian | TRI | 24.21 2 |
| 9 Nielsen, Cole | KM KoMets | 24.63 1 |
| 10 Hickey, Jordan | Byron boys track | 24.68 |
| 11 Henderson, Ayrton | TRI | 24.82 |
| 12 Howell, Jack | STEW | 24.93 |
| 13 DeGarmo, Ronny | CFHS | 25.05 |
| 14 Hanson, Cody | Lake City | 25.18 |
| 15 Jeanson, Brad | Pine Island | 25.37 |
| 16 Minette, Tanner | KM KoMets | 25.43 |
| 17 Thurow, Aaron | Cotter | 25.52 |
| 18 Fuchs, Drew | Byron boys track | 25.63 |
| 19 Kitzwegen, Moritz | Pine Island | 25.67 |
| 20 Holes, Zach | CFHS | 25.68 |
| 21 Stanger, Cody | STEW | 25.73 |
| 22 Patton, Jeremy | KW Knights | 25.86 |
| 23 Smith, Grant | KM KoMets | 25.88 |
| 24 Lyon, Matt | Z-M | 26.17 |
| 25 Peterson, Zach | Lake City | 26.22 |
| 26 Tuominen, Grant | Lake City | 26.26 |
| 27 Mueller, Anthony | Cotter | 26.37 |
| 28 Larson, Brad | Byron boys track | 26.59 |
| 29 Goesch, Tucker | La Crescent | 26.64 |
| 30 Askvig, Steve | Z-M | 26.89 |
| 31 Timmons, Nate | Hayfield Vikings | 26.89 |
| 32 Dahl, Jacob | Z-M | 26.99 |
| 33 McClurg, Garrett | La Crescent | 27.69 |
| 34 Marquardt, Cameron | TRI | 27.84 |
| 35 Hoerle, Brian | Pine Island | 28.31 |

--- Stewart, Andre Rochester Lourde DNF
 --- Koll, Joe Cotter DQ

Event 21 Girls 3200 Meter Run

Meet Record: 11:09.70 @ 2009
 Track Record: 11:04.36 * 2003

Kyle Blakeslee (Cannon Falls)
 Nicole Calabrese

| Name | School | Finals |
|----------------------|------------------|-------------|
| Finals | | |
| 1 Trost, Emi | CFHS | 11:28.05 12 |
| 2 Bedoya, Camila | Rochester Lourde | 12:06.53 10 |
| 3 Degen, Catherine | Rochester Lourde | 12:11.63 8 |
| 4 Lechnir, Sylvia | La Crescent | 12:30.03 6 |
| 5 Griffin, Brianna | KM KoMets | 12:47.38 5 |
| 6 Keller, Samantha | Lake City | 12:47.62 4 |
| 7 Hermans, Rosie | STEW | 13:01.28 3 |
| 8 Conroy, Hannah | Hayfield Vikings | 13:01.30 2 |
| 9 Thornton, Jeanette | STEW | 13:19.05 1 |
| 10 Beckman, Ellen | Rochester Lourde | 13:20.63 |
| 11 Postier, Aubrey | KM KoMets | 13:27.67 |
| 12 Kundert, Savannah | KM KoMets | 13:28.49 |
| 13 Abrams, Haley | Byron | 13:32.73 |
| 14 Tlougan, Erin | La Crescent | 13:33.66 |
| 15 Long, Kara | Byron | 13:34.10 |
| 16 Angst, Adeline | Panthers | 13:35.35 |
| 17 Patterson, Maddie | KW Knights | 13:38.32 |
| 18 Alitz, Hannah | Lake City | 13:44.91 |
| 19 Anderson, Maddy | Lake City | 13:47.69 |
| 20 Rasmussen, Taylor | Panthers | 14:09.82 |
| 21 Schuster, Rachel | La Crescent | 14:12.60 |
| 22 Ades, Aubrie | KW Knights | 14:14.14 |
| 23 Allen, Aubrey | Cotter | 14:18.19 |
| 24 Greenslade, Lisa | Panthers | 14:18.84 |
| 25 Engel, Makayla | STEW | 15:30.55 |
| 26 O'Leary, Megan | Byron | 15:33.27 |

Event 22 Boys 3200 Meter Run

Meet Record: 9:14.23 @ 2006
 Track Record: 9:14.23 * 2006

Mike Torchia (Rochester Lourdes)
 Mike Torchia

| Name | School | Finals |
|--------------------|------------------|-------------|
| Finals | | |
| 1 Warneke, Nathan | Z-M | 9:49.78 12 |
| 2 Torchia, Ian | Rochester Lourde | 10:27.51 10 |
| 3 Franta, Brandon | La Crescent | 10:28.95 8 |
| 4 Dammann, Carston | Lake City | 10:39.43 6 |
| 5 Fleischmann, Jon | Hayfield Vikings | 10:42.18 5 |
| 6 Ruttan, Isaiah | Pine Island | 10:45.37 4 |
| 7 Ondler, Alex | Byron boys track | 10:52.72 3 |
| 8 Nepstad, Shane | Byron boys track | 10:57.76 2 |
| 9 Tempel, Gabe | Hayfield Vikings | 11:06.40 1 |
| 10 Nystuen, Ben | KW Knights | 11:11.89 |
| 11 Bilicki, Dylan | Cotter | 11:13.49 |
| 12 Brandt, Ryan | Rochester Lourde | 11:14.08 |
| 13 Sievers, Nick | Lake City | 11:22.89 |
| 14 Szuberski, Sean | Byron boys track | 11:31.78 |
| 15 Beckman, John | Rochester Lourde | 11:32.30 |
| 16 Berg, Bailey | Z-M | 11:45.81 |

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Results

Finals ... (Event 22 Boys 3200 Meter Run)

| Name | School | Finals |
|--------------------|------------------|----------|
| 17 Oakland, Tyler | Hayfield Vikings | 11:51.20 |
| 18 Colvin, Ben | KM KoMets | 11:51.90 |
| 19 Ondler, Isaiah | Pine Island | 11:56.04 |
| 20 Scheil, Josh | La Crescent | 11:57.89 |
| 21 Gerzsis, Kyle | La Crescent | 11:59.57 |
| 22 Breuer, Chris | Lake City | 12:01.76 |
| 23 Bohn, Ben | KW Knights | 12:03.96 |
| 24 Wagener, Ross | KM KoMets | 12:11.02 |
| 25 Schroder, James | Pine Island | 12:13.74 |
| 26 Kleese, Ben | KW Knights | 12:21.80 |
| 27 Petry, Jack | Cotter | 12:30.04 |
| --- Killen, John | Cotter | DNF |

Event 23 Girls 4x400 Meter Relay

Meet Record: 4:04.34 @ 2010

Kasson-Mantorville

C Weber, H Buchl, A Manitz, L Ramer

Track Record: 4:02.40 * 2010

| Team | Relay | Finals |
|------------------------|---------------------|------------|
| 1 La Crescent | A | 4:07.98 12 |
| 1) Shepardson, Katie | 2) Bierman, Brielle | |
| 3) Gibson, Taylor | 4) Onstad, Lorelee | |
| 2 KM KoMets | A | 4:11.17 10 |
| 1) Weber, Chelsea | 2) Lewis, Brooklyn | |
| 3) Wiebke, Taylor | 4) Birgin, Bekah | |
| 3 Rochester Lourdes | A | 4:16.62 8 |
| 1) Mehling, Becca | 2) Rolfs, Meredith | |
| 3) Adamson, Mallory | 4) Pittock, Hannah | |
| 4 Pine Island T & F | A | 4:18.21 6 |
| 1) Schartau, Caitlin | 2) Farrell, Jordyn | |
| 3) Gushulak, Abby | 4) Torgeson, Laura | |
| 5 Lake City | A | 4:22.80 5 |
| 1) Koller, Taylor | 2) White, Brandy | |
| 3) Balow, Maggie | 4) Novak, Kristine | |
| 6 Winona Cotter | A | 4:22.86 4 |
| 1) Charron, Julia | 2) Walker, Sarah | |
| 3) Kersting, Karen | 4) Gernes, Paige | |
| 7 Cannon Falls Bombers | A | 4:24.53 3 |
| 1) Mason, Sveta | 2) Jensen, Maria | |
| 3) Hanson, Danielle | 4) Thomley, Emma | |
| 8 Byron | A | 4:27.36 2 |
| 1) Gehrt, Sydney | 2) Ford, Maddie | |
| 3) Long, Melissa | 4) Houston, Rebecca | |
| 9 Triton | A | 4:30.88 1 |
| 1) Erdmann, Katy | 2) Yankowiak, Piper | |
| 3) Sexton, Brooke | 4) Rubin, McKenna | |
| 10 Stewartville | A | 4:48.96 |
| 1) Mikel, Lauren | 2) Scruggs, Katie | |
| 3) Dahle, Danika | 4) Ratajcek, Lacey | |
| 11 Hayfield Vikings | A | 4:51.65 |
| 1) Johnson, Hannah | 2) Tempel, Caitlyn | |
| 3) Reynolds, Elizabeth | 4) Anderson, Alexis | |

| | | |
|---------------------|----------------------|---------|
| 12 KW Knights | A | 4:51.71 |
| 1) Quam, Siri | 2) Thompson, Jessica | |
| 3) Strand, Katie | 4) Bohn, Katie | |
| 13 Zumbrota-Mazeppa | A | 5:06.05 |
| 1) Smith, Emily | 2) Miller, Debbie | |
| 3) Gunhus, Emma | 4) Drackley, Emma | |

Event 24 Boys 4x400 Meter Relay

Meet Record: 3:26.84 @ 1984

(hh+) Austin Pacelli

Track Record: 3:25.03 * 2003

| Team | Relay | Finals |
|------------------------|---------------------|------------|
| 1 Rochester Lourdes | A | 3:31.71 12 |
| 1) Williamson, Brian | 2) Glynn, Alex | |
| 3) Carstens, Kane | 4) Carstens, McKay | |
| 2 KM KoMets | A | 3:36.63 10 |
| 1) Nielsen, Cole | 2) Bovia, John | |
| 3) Remine, Ed | 4) Remine, Sam | |
| 3 Winona Cotter | A | 3:38.16 8 |
| 1) Johnson, Jake | 2) Schrupp, Matt | |
| 3) Rico, Erick | 4) Taiveaho, Emilio | |
| 4 Stewartville | A | 3:39.86 6 |
| 1) Brady, Steven | 2) Howell, Jack | |
| 3) Robey, Jason | 4) Curtis, Shane | |
| 5 La Crescent | A | 3:40.58 5 |
| 1) Mumbleau, Evan | 2) Howe, Ryan | |
| 3) Paul, Justin | 4) Weigel, Andy | |
| 6 Byron boys track | A | 3:41.40 4 |
| 1) Ronnenberg, Austan | 2) Bieber, Jake | |
| 3) Hartzler, Henry | 4) Sigrist, Nick | |
| 7 Pine Island | A | 3:44.95 3 |
| 1) Frick, Chris | 2) McNallan, Ryan | |
| 3) Akason, Trevor | 4) Acker, Mitchel | |
| 8 Cannon Falls Bombers | A | 3:45.47 2 |
| 1) Hernke, Paul | 2) Bultena, Alex | |
| 3) Bennett, Conner | 4) Safe, Dustin | |
| 9 Lake City | A | 3:57.91 1 |
| 1) Kranz, Gage | 2) Creeley, Tristan | |
| 3) Tynjala, Nick | 4) Lehman, Calvin | |
| 10 Zumbrota-Mazeppa | A | 4:01.29 |
| 1) Adams, Sean | 2) Quam, Tyler | |
| 3) Warneke, Nathan | 4) Lyon, Matt | |
| 11 KW Knights | A | 4:03.83 |
| 1) Hokanson, Eric | 2) Keller, Kyle | |
| 3) Rehtzigel, Noah | 4) Nystuen, Ben | |
| 12 Triton | A | 4:04.53 |
| 1) Knutson, Lucas | 2) Johnson, Gavin | |
| 3) Dostal, Braedon | 4) Tate, Peter | |
| 13 Hayfield Vikings | A | 4:06.62 |
| 1) Lovlein, Alec | 2) Matti, Nick | |
| 3) Stadler, Cameryn | 4) Wangen, Isaac | |

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Event 25 Girls High Jump

Meet Record: 5-06 @ 1991 Martha Harris (Byron)

Track Record: 5-06 * 2010 Emma Lang

| Name | School | Finals | |
|---------------------------|------------------|----------|-----|
| Finals | | | |
| 1 Lewis, Brooklyn | KM KoMets | 5-04.00 | 12 |
| 2 Wiebke, Taylor | KM KoMets | 5-02.00 | 9 |
| 2 Fokken, Nicole | Panthers | 5-02.00 | 9 |
| 4 Knesel, Taylor | Byron | 5-00.00 | 6 |
| 5 Bierman, Brielle | La Crescent | 4-10.00 | 5 |
| 6 Lorentz, Arianna | KM KoMets | 4-08.00 | 4 |
| 7 Green, Madi | Lake City | J4-08.00 | 3 |
| 8 Brendel, Courtney | Cotter | 4-06.00 | 1.5 |
| 8 Cordle, Savanna | Hayfield Vikings | 4-06.00 | 1.5 |
| 10 Hokanson, Kelsey | KW Knights | J4-06.00 | |
| 11 Goertzen, Becca | Lake City | J4-06.00 | |
| 12 Heitman, Taylor | Lake City | J4-06.00 | |
| 13 Walker, Sarah | Cotter | 4-04.00 | |
| 13 Bellrichard, Stephanie | Byron | 4-04.00 | |
| 13 Warneke, Eliza | Panthers | 4-04.00 | |
| 13 Bahr, Jessie | Byron | 4-04.00 | |
| 17 Meyers, Leah | CFHS | 4-02.00 | |
| 17 Langworthy, Sophie | Panthers | 4-02.00 | |
| 17 Rutter, Grace | CFHS | 4-02.00 | |
| 17 Pittock, Hannah | Rochester Lourde | 4-02.00 | |
| 17 Drackley, Emma | ZM | 4-02.00 | |
| 17 Hoffman, Katherine | CFHS | 4-02.00 | |
| 23 Smith, Kristin | TRI | 4-00.00 | |
| 23 Gunhus, Emma | ZM | 4-00.00 | |
| 23 Wright, Karissa | TRI | 4-00.00 | |
| 23 Hart, Madie | STEW | 4-00.00 | |
| --- Wallaker, Justine | KW Knights | NH | |
| --- Connors, Tessa | KW Knights | NH | |
| --- Waldner, Sophia | Hayfield Vikings | NH | |
| --- Keller, Gretchen | TRI | NH | |

Event 26 Boys High Jump

Meet Record: 6-06 @ 2001 Sam Smelter (Stewartville)

Track Record: 6-04 * 2010 Isaac Tapp

| Name | School | Finals | |
|-------------------|------------------|----------|----|
| Finals | | | |
| 1 Gisler, Will | STEW | 6-02.00 | 12 |
| 2 Thompson, Matt | KM KoMets | 6-00.00 | 10 |
| 3 Schwartz, Peter | KM KoMets | J6-00.00 | 8 |
| 4 Armstead, James | Rochester Lourde | 5-10.00 | 6 |
| 5 Kundert, Wyatt | KM KoMets | 5-08.00 | 5 |
| 6 Winkels, Andrew | Rochester Lourde | 5-06.00 | 4 |
| 7 Baumbach, Cody | Byron boys track | 5-04.00 | 3 |
| 8 McCormick, Cal | La Crescent | J5-04.00 | 2 |
| 9 Bultena, Alex | CFHS | J5-04.00 | 1 |
| 10 Torgeson, Joel | Pine Island | J5-04.00 | |
| 11 Kroll, Elijah | Lake City | J5-04.00 | |
| 12 Nelson, Luke | KW Knights | J5-04.00 | |
| 13 Steihl, Zach | CFHS | 5-02.00 | |
| 13 Kerrigan, Kyle | Cotter | 5-02.00 | |

| | | |
|-----------------------|------------------|---------|
| 13 Kruger, Chad | Hayfield Vikings | 5-02.00 |
| 13 Branson, Tony | Rochester Lourde | 5-02.00 |
| 13 Fratzke, Andrew | Cotter | 5-02.00 |
| 13 Hovelson, Ramsey | Byron boys track | 5-02.00 |
| 13 Richardson, Evan | Byron boys track | 5-02.00 |
| 20 Gillard, Chris | Pine Island | 5-00.00 |
| 20 Tate, Peter | TRI | 5-00.00 |
| 20 Brown, Marcell | Cotter | 5-00.00 |
| --- Mumbleau, Evan | La Crescent | NH |
| --- Oliver, Brandyn | Lake City | NH |
| --- Kleese, Ben | KW Knights | NH |
| --- McPhail, Sam | Pine Island | NH |
| --- Dostal, Braedon | TRI | NH |
| --- Lauridsen, Austin | CFHS | NH |

Event 27 Girls Pole Vault

Meet Record: 11-00 @ 2008 Shannon Stever (La Crescent)

Track Record: 10-06 * 2006 Brianna Kvanli

| Name | School | Finals | |
|-----------------------|------------------|-----------|----|
| Finals | | | |
| 1 Krier, Jillian | Byron | 10-09.00* | 12 |
| 2 Mason, Sveta | CFHS | 9-06.00 | 10 |
| 3 Novak, Kristine | Lake City | J9-06.00 | 8 |
| 4 Determan, Maia | KM KoMets | J9-06.00 | 6 |
| 5 Scruggs, Katie | STEW | 9-00.00 | 5 |
| 6 Timm, Lauren | Byron | 8-06.00 | 4 |
| 7 Mikel, Lauren | STEW | 8-00.00 | 3 |
| 8 Sexton, Brooke | TRI | J8-00.00 | 2 |
| 9 Johnson, Anna | Lake City | J8-00.00 | 1 |
| 10 Anderson, Amanda | CFHS | J8-00.00 | |
| 10 Peterson, Elise | KM KoMets | J8-00.00 | |
| 12 Koebele, Kelly | KM KoMets | 7-06.00 | |
| 13 Torgeson, Laura | Panthers | 7-00.00 | |
| 13 Denzer, Katie | Cotter | 7-00.00 | |
| 13 Pesch, Carissa | Hayfield Vikings | 7-00.00 | |
| 13 Bussan, Melanie | STEW | 7-00.00 | |
| 17 O'Reilly, Courtney | Panthers | 6-06.00 | |
| 17 Parlin, Beth | Cotter | 6-06.00 | |
| 19 Dison, Riley | Rochester Lourde | 6-00.00 | |
| 19 Fratzke, Elizabeth | Cotter | 6-00.00 | |
| 19 Kneeland, Caitlin | Panthers | 6-00.00 | |
| --- Gerzsis, Cori | La Crescent | NH | |

Event 28 Boys Pole Vault

Meet Record: 14-00 @ 1994 Jeff Klein (Zumbrota-Mazeppa)

Track Record: 13-09 * 2010 Aaron Wait

| Name | School | Finals | |
|------------------------|------------------|-----------|-----|
| Finals | | | |
| 1 Mesenburg, Robert | Byron boys track | 12-06.00 | 12 |
| 2 Williams, Eric | KM KoMets | J12-06.00 | 10 |
| 3 Sigrist, Nick | Byron boys track | J12-06.00 | 8 |
| 4 Drees, Zac | STEW | 12-00.00 | 6 |
| 5 VanWatermuelen, Nick | CFHS | J12-00.00 | 5 |
| 6 Rutten, Isaiah | Pine Island | 11-00.00 | 3.5 |
| 6 Haze, Brad | Pine Island | 11-00.00 | 3.5 |
| 8 Rico, Erick | Cotter | J11-00.00 | 1.5 |

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Finals ... (Event 28 Boys Pole Vault)

| Name | School | Finals | |
|----------------------|------------------|-----------|-----|
| 8 Venzke, Joel | STEW | J11-00.00 | 1.5 |
| 10 Retzer, Mike | CFHS | J11-00.00 | |
| 11 Lawson, Johnny | Rochester Lourde | 10-06.00 | |
| 12 Rupprecht, Josh | STEW | 10-00.00 | |
| 12 McCormick, Jack | La Crescent | 10-00.00 | |
| 12 Jacobson, Chase | CFHS | 10-00.00 | |
| 12 Murray, Joseph | Rochester Lourde | 10-00.00 | |
| 12 Urbick, Lance | Cotter | 10-00.00 | |
| 17 Dufault, Tanner | KM KoMets | 9-06.00 | |
| 17 Ludwig, Niles | La Crescent | 9-06.00 | |
| 19 Jeanson, Brad | Pine Island | 8-06.00 | |
| 19 Wangen, Isaac | Hayfield Vikings | 8-06.00 | |
| 21 Kim, Calvin | Rochester Lourde | 8-00.00 | |
| 21 Hodgell, Elijah | Lake City | 8-00.00 | |
| 21 Downes, Dillon | Z-M | 8-00.00 | |
| --- Braun, Ben | KM KoMets | NH | |
| --- Lyon, Matt | Z-M | NH | |
| --- Peterson, Zach | Lake City | NH | |
| --- Hovelson, Ramsey | Byron boys track | NH | |
| --- Siewert, Shane | Lake City | NH | |

Event 29 Girls Long Jump

Meet Record: 18-00 @ 1979 Sue Carter (Plainview)
Track Record: 17-03.75 * 2006 Ashton May

| Name | School | Finals | |
|------------------------|------------------|-----------|----|
| 1 Christofferson, Anne | Byron | 16-01.75 | 12 |
| 2 Hofstedt, Mada | CFHS | 15-02.00 | 10 |
| 3 Heydt, Madison | Hayfield Vikings | 15-00.75 | 8 |
| 4 Lorentz, Arianna | KM KoMets | 14-11.25 | 6 |
| 5 White, Brandy | Lake City | 14-10.50 | 5 |
| 6 Owen, Colleen | ZM | 14-09.00 | 4 |
| 7 Precht, Sage | La Crescent | 14-08.00 | 3 |
| 8 Thomley, Emma | CFHS | 14-07.25 | 2 |
| 9 Hale, Josie | STEW | J14-07.25 | 1 |
| 10 Becker, Kaylee | Lake City | 14-05.25 | |
| 11 Freese, Jessica | Byron | 14-02.25 | |
| 12 Marx, Ana | Panthers | 14-02.00 | |
| 13 Frederick, Danielle | La Crescent | 14-01.25 | |
| 14 Buchl, Hannah | KM KoMets | 14-01.00 | |
| 14 Charron, Julia | Cotter | 14-01.00 | |
| 16 Miller, Debbie | ZM | 14-00.50 | |
| 17 Dick, Kaitlin | Panthers | 13-11.75 | |
| 18 Rubin, McKenna | TRI | 13-10.25 | |
| 19 Robertson, Alli | KM KoMets | 13-09.25 | |
| 20 Swanson, Mariya | Cotter | 13-07.00 | |
| 21 Modrak, Sarah | CFHS | 13-05.25 | |
| 22 Bjork, Lisa | Rochester Lourde | 13-04.50 | |
| 23 Karl, Emily | KW Knights | 13-04.00 | |
| 24 Gushulak, Abby | Panthers | 13-03.00 | |
| 25 Canan, Katherine | Rochester Lourde | 13-02.50 | |
| 26 Charron, Kelsey | Cotter | 13-02.25 | |
| 27 Klocke, Elizabeth | Hayfield Vikings | 13-00.75 | |
| 28 Blazing, Madison | Byron | 13-00.00 | |

| | | |
|----------------------|------------------|----------|
| 29 Thompson, Jessica | KW Knights | 12-05.25 |
| 29 Huinker, Jordanne | STEW | 12-05.25 |
| 31 Lindhart, Maddie | ZM | 12-05.00 |
| 32 Helt, Stephanie | Rochester Lourde | 12-03.75 |
| 33 Hale, Jessie | STEW | 11-11.75 |
| 34 Hetrick, Kayli | Hayfield Vikings | 11-11.00 |
| 35 Aguilar, Elena | TRI | 9-04.50 |

Event 30 Boys Long Jump

Meet Record: 22-02.50 @ 2008 Caleb Rissman (Triton)
Track Record: 22-02.50 * 2008 Caleb Rissman

| Name | School | Finals | |
|---------------------|------------------|-----------|----|
| 1 Ziemba, Lucas | Z-M | 20-05.50 | 12 |
| 2 Gilbertson, Caleb | Hayfield Vikings | 20-02.00 | 10 |
| 3 Gisler, Will | STEW | 19-11.00 | 8 |
| 4 Kiss, Mate | Cotter | 19-09.25 | 6 |
| 5 Koll, Joe | Cotter | 19-01.25 | 5 |
| 6 Robey, Jason | STEW | 19-00.00 | 4 |
| 7 Armstead, James | Rochester Lourde | J19-00.00 | 3 |
| 8 Buchl, Jacob | KM KoMets | 18-10.00 | 2 |
| 9 Fuchs, Drew | Byron boys track | 18-07.50 | 1 |
| 10 Frick, Chris | Pine Island | 18-03.25 | |
| 11 Schmidt, Alex | Lake City | 18-01.50 | |
| 12 Smith, Rodney | STEW | 18-00.00 | |
| 13 Baumbach, Cody | Byron boys track | 17-11.50 | |
| 14 Farrell, Ben | Pine Island | 17-09.50 | |
| 15 Kundert, Wyatt | KM KoMets | 17-08.25 | |
| 16 McNallan, Ryan | Pine Island | 17-07.75 | |
| 17 Braun, Ben | KM KoMets | 17-05.50 | |
| 18 Carstens, Kane | Rochester Lourde | 17-05.00 | |
| 18 Treder, Jordan | Rochester Lourde | 17-05.00 | |
| 20 Coe, Kam | Byron boys track | 16-06.25 | |
| 21 Timmons, Nate | Hayfield Vikings | 16-05.00 | |
| 22 Hodgell, Elijah | Lake City | 16-03.00 | |
| 23 Brummund, Alex | CFHS | 15-11.50 | |
| 24 Forst, Caleb | Cotter | 15-11.00 | |
| 25 Nystuen, Ben | KW Knights | 15-09.50 | |
| 26 Bormann, Freddie | Z-M | 15-08.50 | |
| 27 Johnson, Brody | CFHS | 15-05.25 | |
| 28 Dalton, Ethan | CFHS | 15-05.00 | |
| 29 O'Brien, Elijah | Hayfield Vikings | 14-09.50 | |
| 30 Leonard, Alex | Lake City | 14-02.25 | |
| 31 Bugarin, Hector | TRI | 14-00.00 | |
| 32 Lang, Casey | TRI | 13-11.50 | |
| 33 Nelson, Isaac | KW Knights | 13-09.75 | |
| 34 Wright, Brandon | TRI | 13-06.25 | |
| 35 Rechtzigel, Noah | KW Knights | 13-04.00 | |

Event 31 Girls Triple Jump

Meet Record: 36-05 @ 2001 Lauren Burmeister (Hayfield)
Track Record: 37-02.50 * 2002 Laufen Burmeister

| Name | School | Finals | |
|------------------------|--------|----------|----|
| 1 Christofferson, Anne | Byron | 34-08.00 | 12 |
| 2 Hofstedt, Mada | CFHS | 33-01.50 | 10 |

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Finals ... (Event 31 Girls Triple Jump)

| Name | School | Finals | |
|------------------------|------------------|-----------|---|
| 3 Thomley, Emma | CFHS | 32-05.50 | 8 |
| 4 Farrell, Jordyn | Panthers | 32-02.25 | 6 |
| 5 Fawcett, Camille | Byron | 31-08.00 | 5 |
| 6 Hale, Josie | STEW | J31-08.00 | 4 |
| 7 Knesel, Taylor | Byron | 31-07.50 | 3 |
| 8 Reicher, Rachel | KM KoMets | 31-04.00 | 2 |
| 9 Schlechtinger, Kayla | STEW | 30-11.00 | 1 |
| 10 Patel, Meghan | Rochester Lourde | 30-10.50 | |
| 11 Brendel, Courtney | Cotter | 30-00.00 | |
| 12 Brendel, Claire | Cotter | 29-10.50 | |
| 13 Frederick, Danielle | La Crescent | 29-09.50 | |
| 14 Bernards, Sarah | KM KoMets | 29-06.75 | |
| 15 Determan, Maia | KM KoMets | 29-04.00 | |
| 16 Modrak, Sarah | CFHS | 29-02.75 | |
| 17 Owen, Madi | Panthers | 29-00.50 | |
| 18 Arnold, Cora | Cotter | 28-10.00 | |
| 19 Anderson, Julie | Lake City | 28-07.50 | |
| 20 Pennington, Riley | Lake City | 28-01.75 | |
| 21 Karl, Emily | KW Knights | 28-00.50 | |
| 22 Ender, Johanna | Lake City | 27-03.00 | |
| 23 Tebay, Madison | Hayfield Vikings | 26-03.25 | |
| 24 Hart, Madie | STEW | 25-11.50 | |
| 25 Haskell, Sarah | Panthers | 25-11.25 | |
| 26 Miller, Taylor | KW Knights | 24-01.00 | |

Event 32 Boys Triple Jump

Meet Record: 45-00.50 @ 2008 Caleb Rissman (Triton)
Track Record: 44-10.25 * 2008 Caleb Rissman

| Name | School | Finals | |
|----------------------|------------------|-----------|----|
| 1 Koll, Joe | Cotter | 42-00.00 | 12 |
| 2 Robey, Jason | STEW | 40-11.50 | 10 |
| 3 Adams, Sean | Z-M | 40-08.50 | 8 |
| 4 Remine, Ed | KM KoMets | 39-02.00 | 6 |
| 5 Buchl, Jacob | KM KoMets | 38-06.75 | 5 |
| 6 Anderson, Bryan | CFHS | 38-05.75 | 4 |
| 7 Baumbach, Cody | Byron boys track | 37-11.50 | 3 |
| 8 Blaisdell, Jack | TRI | J37-11.50 | 2 |
| 9 Sigrist, Nick | Byron boys track | 37-11.25 | 1 |
| 10 Kruger, Chad | Hayfield Vikings | 37-08.25 | |
| 11 Ostreng, Jacob | Byron boys track | 37-01.25 | |
| 12 Kundert, Wyatt | KM KoMets | 37-00.00 | |
| 13 Brown, Marcell | Cotter | 36-09.25 | |
| 14 Henderson, Ayrton | TRI | 36-09.00 | |
| 15 Randle, James | Rochester Lourde | 35-10.50 | |
| 16 Winkels, Andrew | Rochester Lourde | 35-09.25 | |
| 17 Rueger, Beau | CFHS | 35-07.00 | |
| 18 Rauen, Nathaniel | Z-M | 35-04.50 | |
| 19 Pletz, Shawn | Pine Island | 35-03.25 | |
| 20 Mojedski, Jacob | Cotter | 35-02.00 | |
| 21 Kempinger, Matt | Rochester Lourde | J35-02.00 | |
| 22 O'Brien, Elijah | Hayfield Vikings | 34-08.50 | |
| 23 Howell, Jack | STEW | 34-08.00 | |
| 24 Nosbisch, Erik | STEW | 34-05.25 | |

| | | |
|-----------------------|------------------|----------|
| 25 Hodgell, Elijah | Lake City | 34-05.00 |
| 26 Brummund, Alex | CFHS | 33-00.50 |
| 27 Kroll, Jimmy | Pine Island | 32-04.75 |
| 28 Torgeson, Joel | Pine Island | 32-04.25 |
| 29 Gross, Hunter | La Crescent | 31-07.50 |
| 30 Lovlein, Alec | Hayfield Vikings | 31-03.00 |
| 31 Marquardt, Cameron | TRI | 30-11.75 |
| 32 Dahl, Jacob | Z-M | 30-02.00 |
| 33 Kranz, Gage | Lake City | 29-07.50 |
| 34 Nelson, Isaac | KW Knights | 20-03.00 |

Event 33 Girls Discus Throw

Meet Record: 127-10 @ 1998 Nicole Wellik (Stewartville)

Track Record: 129-11 * 2002 Arin Andrews

| Name | School | Finals | |
|-------------------------|------------------|--------|-----|
| 1 West, Sarah | STEW | 102-03 | 12 |
| 2 Lindhart, Maddie | ZM | 100-10 | 10 |
| 3 Berg, Kalley | Panthers | 98-01 | 8 |
| 4 Durst, Erin | KM KoMets | 96-10 | 6 |
| 5 Nelson, Rachael | La Crescent | 94-02 | 5 |
| 6 Silhasek, Margaret | Byron | 91-02 | 4 |
| 7 Hintz, Maddie | Byron | 89-09 | 3 |
| 8 Yungdahl, Maci | Byron | 88-06 | 2 |
| 9 Wallaker, Jessica | KW Knights | 87-04 | 0.5 |
| 9 Egge, Allison | CFHS | 87-04 | 0.5 |
| 11 McKern, Abigail | KM KoMets | 83-02 | |
| 12 Blahnik, Raven | STEW | 77-10 | |
| 13 Dahle, Danika | STEW | 72-03 | |
| 14 Hendrickson, Jesslyn | CFHS | 71-11 | |
| 15 Bartlett, Alexsa | KM KoMets | 71-07 | |
| 16 Thompson, Michaela | Rochester Lourde | 70-08 | |
| 17 Pike, Stephanie | Panthers | 70-05 | |
| 18 Getschmann, Kristin | Lake City | 70-03 | |
| 19 Meyers, Leah | CFHS | 68-03 | |
| 20 Yarbrough, Jackae | ZM | 67-07 | |
| 21 Beyer, Joana | Cotter | 65-02 | |
| 22 Bronk, Kaitlin | Panthers | 64-03 | |
| 23 van Peurseem, Emma | Hayfield Vikings | 62-06 | |
| 24 Bautista, Valeria | Cotter | 61-01 | |
| 24 Haeska, Kathryn | Lake City | 61-01 | |
| 26 Aguilar, Elena | TRI | 59-09 | |
| 27 Denzer, Mariah | Lake City | 58-05 | |
| 27 Sikkema, Savannah | La Crescent | 58-05 | |
| 29 Miller, Taylor | KW Knights | 56-08 | |
| 30 Ince, Lizzie | KW Knights | 55-03 | |
| 31 Thompson, Lindsey | ZM | 55-01 | |
| 32 Redican, Haley | TRI | 54-06 | |
| 33 Moenning, Mary | Hayfield Vikings | 48-08 | |
| 34 Lacy, Maggie | Rochester Lourde | 46-07 | |

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Event 34 Boys Discus Throw

Meet Record: 173-05 @ 2002 Ricky Smith (Stewartville)

Track Record: 173-05 * 2002 Ricky Smith

| Name | School | Finals |
|---------------------|------------------|-----------|
| Finals | | |
| 1 Kirkvold, Kenny | Cotter | 139-01 12 |
| 2 Fuchs, Brady | Byron boys track | 135-10 10 |
| 3 Smith, Travis | Byron boys track | 132-08 8 |
| 4 Anderson, Hunter | Hayfield Vikings | 130-11 6 |
| 5 Curtis, Shane | STEW | 129-02 5 |
| 6 Nguyen, Khoa | Rochester Lourde | 127-02 4 |
| 7 Underwood, David | KM KoMets | 123-08 3 |
| 8 Smith, Joe | Byron boys track | 118-07 2 |
| 9 Nosbisch, Erik | STEW | 112-05 1 |
| 10 Ludwig, Emerson | La Crescent | 112-02 |
| 11 Kruempel, Colten | Lake City | 111-00 |
| 12 Ryan, Travis | Lake City | 110-10 |
| 13 Meyers, Cody | CFHS | 109-09 |
| 14 Miller, Jack | Pine Island | 106-10 |
| 15 King, Ryan | KM KoMets | 106-00 |
| 16 Klancher, Grant | TRI | 105-02 |
| 17 Olson, Lyn | La Crescent | 103-04 |
| 18 Safe, Dustin | CFHS | 102-09 |
| 19 Bleifus, Lukas | STEW | 100-09 |
| 20 Wright, Brady | KM KoMets | 100-04 |
| 21 Von Arx, Keaton | La Crescent | 99-08 |
| 22 Kunz, Bradey | Pine Island | 98-07 |
| 23 Larson, Will | Z-M | 98-01 |
| 24 White, Will | Cotter | 98-00 |
| 25 Johnson, Gavin | TRI | 96-08 |
| 26 Chatman, Trey | Hayfield Vikings | 92-01 |
| 27 Arnold, Nick | Cotter | 89-03 |
| 28 Schulz, Gabe | Lake City | 85-03 |
| 29 Ades, Hudson | KW Knights | 84-08 |
| 30 Rueb, Brady | Pine Island | 83-04 |
| 31 Scherger, Ben | TRI | 79-02 |
| 32 Vassallo, Tim | Rochester Lourde | 79-00 |
| 33 Hegna, Logan | Hayfield Vikings | 78-10 |
| 34 Berning, Spencer | Rochester Lourde | 76-00 |
| 35 Paquin, Bailey | KW Knights | 74-06 |
| 36 Lyon, Josh | Z-M | 73-04 |
| 37 Siebenaler, Josh | CFHS | 68-05 |
| 38 Lerum, Blake | Z-M | 62-02 |
| 39 Noah, Ryan | KW Knights | 55-01 |

Event 35 Girls Shot Put

Meet Record: 41-07 @ 1997 Meaghan Beck (Byron)

Track Record: 40-01.25 * 2007 Rebecca Stier

| Name | School | Finals |
|-----------------------|-----------|-------------|
| Finals | | |
| 1 Durst, Erin | KM KoMets | 34-03.50 12 |
| 2 Lindhart, Maddie | ZM | 33-03.50 10 |
| 3 West, Sarah | STEW | 30-09.00 8 |
| 4 McKern, Abigail | KM KoMets | 29-08.00 6 |
| 5 Getschmann, Kristin | Lake City | 29-07.00 5 |

| | | |
|-------------------------|------------------|------------|
| 6 Scruggs, Katie | STEW | 29-05.00 4 |
| 7 Dodds, Darby | Byron | 29-01.00 3 |
| 8 Nickles, Crystal | Byron | 28-10.50 2 |
| 9 Denzer, Mariah | Lake City | 28-04.00 1 |
| 10 Egge, Allison | CFHS | 28-02.00 |
| 11 Drees, Cassandra | STEW | 26-10.50 |
| 12 Bartlett, Alexsa | KM KoMets | 26-06.00 |
| 13 Haeska, Kathryn | Lake City | 26-05.50 |
| 14 Yungdahl, Maci | Byron | 26-05.00 |
| 15 Pike, Stephanie | Panthers | 25-07.50 |
| 16 Kersting, Karen | Cotter | 25-02.50 |
| 17 Berg, Kalley | Panthers | 25-01.50 |
| 18 Bye, Danielle | Panthers | 24-02.50 |
| 19 Yarbrough, Jackae | ZM | 23-07.50 |
| 20 Huseth, Hailey | CFHS | 23-06.00 |
| 21 Thompson, Michaela | Rochester Lourde | 23-02.50 |
| 22 Gudknecht, Erin | KW Knights | 23-00.50 |
| 23 Wallaker, Jessica | KW Knights | 23-00.00 |
| 24 Redican, Haley | TRI | 22-11.00 |
| 25 Lazarcik, Abby | La Crescent | 22-08.00 |
| 26 Hendrickson, Jesslyn | CFHS | 22-05.00 |
| 27 Moenning, Mary | Hayfield Vikings | 22-04.00 |
| 28 Smith, Krissy | La Crescent | 22-02.50 |
| 29 Bode, Shania | ZM | 22-01.50 |
| 30 Dison, Riley | Rochester Lourde | 21-11.00 |
| 31 Aguilar, Elena | TRI | 20-04.50 |
| 32 Sokoloski, Katy | KW Knights | 19-10.00 |
| 33 Bautista, Valeria | Cotter | 19-08.00 |
| 34 van Peurseem, Emma | Hayfield Vikings | 18-10.00 |
| 35 Clements, Kerissa | La Crescent | 16-08.00 |

Event 36 Boys Shot Put

Meet Record: 62-01.50 @ 1996

Tim Senjem (Hayfield)

Track Record: 53-10.50 * 2003

Ricky Smith

| Name | School | Finals |
|---------------------|------------------|-------------|
| Finals | | |
| 1 Anderson, Hunter | Hayfield Vikings | 52-08.00 12 |
| 2 Fuchs, Brady | Byron boys track | 47-03.00 10 |
| 3 Burroughs, Brian | Byron boys track | 43-06.00 8 |
| 4 Kirkvold, Kenny | Cotter | 42-11.50 6 |
| 5 White, Will | Cotter | 41-11.50 5 |
| 6 Smith, Travis | Byron boys track | 41-09.50 4 |
| 7 Safe, Dustin | CFHS | 40-04.00 3 |
| 8 Underwood, David | KM KoMets | 39-10.00 2 |
| 9 Kunz, Bradey | Pine Island | 38-10.50 1 |
| 10 Nguyen, Khoa | Rochester Lourde | 37-08.50 |
| 11 King, Ryan | KM KoMets | 36-00.00 |
| 12 Kruempel, Colten | Lake City | 35-09.50 |
| 13 Herbst, Adam | KM KoMets | 34-11.00 |
| 14 Meyers, Cody | CFHS | 34-06.50 |
| 15 Stanger, Cody | STEW | 34-06.00 |
| 15 Johnson, Gavin | TRI | 34-06.00 |
| 17 Schulz, Gabe | Lake City | 34-05.50 |
| 18 Bleifus, Lukas | STEW | 34-05.00 |
| 19 Nosbisch, Erik | STEW | 33-08.00 |
| 20 Hegna, Logan | Hayfield Vikings | 33-07.00 |

HVL Track & Field Championships - 5/12/2012

Triton High School

Results

Finals ... (Event 36 Boys Shot Put)

| Name | School | Finals |
|----------------------|------------------|----------|
| 21 Branson, Tony | Rochester Lourde | 33-05.00 |
| 22 Klancher, Grant | TRI | 33-04.00 |
| 23 Larson, Will | Z-M | 33-02.00 |
| 24 Greseth, Caleb | KW Knights | 32-11.50 |
| 25 Creeley, Tristan | Lake City | 32-01.50 |
| 26 Miller, Jack | Pine Island | 31-09.00 |
| 27 Rueb, Brady | Pine Island | 31-05.00 |
| 28 Hendrickson, Zack | La Crescent | 31-01.00 |
| 29 Ades, Hudson | KW Knights | 30-11.00 |
| 30 Knutson, Lucas | TRI | 30-01.00 |
| 30 Gross, Hunter | La Crescent | 30-01.00 |
| 32 Siebenaler, Josh | CFHS | 29-09.00 |
| 33 Brown, Cleveland | Cotter | 28-11.00 |
| 34 Paquin, Bailey | KW Knights | 28-06.50 |
| 35 Lerum, Blake | Z-M | 27-09.50 |
| 36 Chatman, Trey | Hayfield Vikings | 27-01.00 |
| 37 Wieser, Tom | La Crescent | 26-08.50 |
| 38 Lyon, Josh | Z-M | 25-04.50 |
| 39 Berning, Spencer | Rochester Lourde | 24-07.00 |

| | |
|-----------------|----|
| 11) La Crescent | 31 |
| 12) Triton | 25 |
| 13) Lake City | 24 |

Event 37 Girls Shot Put Wheel Chair

| Name | School | Finals |
|-------------------|----------|----------|
| 1 Lubahn, Kathryn | Panthers | 13-06.25 |

Event 39 Girls Discus Throw Wheel Chair

| Name | School | Finals |
|-------------------|----------|--------|
| 1 Lubahn, Kathryn | Panthers | 28-06 |

Women - Team Rankings - 18 Events Scored

| | |
|------------------------------|------|
| 1) Byron | 158 |
| 1) Kasson Mantorville KoMets | 158 |
| 3) La Crescent | 108 |
| 4) Lake City | 96 |
| 5) Cannon Falls Bombers | 80.5 |
| 6) Rochester Lourdes | 80 |
| 7) Pine Island T & F | 67 |
| 8) Stewartville | 59 |
| 9) Zumbrota-Mazeppa | 34 |
| 10) Triton | 32 |
| 11) Winona Cotter | 23.5 |
| 12) Hayfield Vikings | 11.5 |
| 13) Kenyon-Wanamingo Knights | 10.5 |

Men - Team Rankings - 18 Events Scored

| | |
|------------------------------|------|
| 1) Byron boys track | 157 |
| 2) Kasson Mantorville KoMets | 117 |
| 3) Rochester Lourdes | 113 |
| 4) Winona Cotter | 91.5 |
| 5) Stewartville | 89.5 |
| 6) Zumbrota-Mazeppa | 63 |
| 7) Hayfield Vikings | 61 |
| 7) Pine Island Boy's Track | 61 |
| 9) Kenyon-Wanamingo Knights | 47 |
| 10) Cannon Falls Bombers | 38 |